



Prospective Trustee Info Pack

Message from the Board

As Trustees, we are privileged to witness children's and young people's enjoyment in learning new skills, being completely engaged in activities, making new friends and feeling part of a group, all of which is having a positive impact on their wellbeing.

Across Staffordshire and Stoke-on-Trent, isolated children and young people are experiencing poverty – both at a 'socio-economic level' and lack of 'opportunity to access services' which is impacting their wellbeing and childhood negatively.

Make Some Noise supports and encourages these children and young people to feel engaged, included and empowered. We provide them with respite and fun, during some of the most challenging times of their lives. This improves their ability to flourish and look forward to a brighter future.

Demand for our services is increasing and Make Some Noise is moving into a time of growth, with rigorous planning and action, to address these demands and local need.

The Board hopes to appoint 3 new Trustees over the next year to join the 6 current Trustees, and help Make Some Noise deliver on its 2026-2029 Business Plan.

Make Some Noise is a small charity committed to exploring inclusive and creative approaches that will further enhance its impact and positive wellbeing outcomes for children and families.

We strive to grow a charity that connects with the local communities through creativity, so we can amplify voices that are often silenced.



Trustees supporting the charity's event

About us

Make Some Noise is one of the leading creative wellbeing charities for disadvantaged children and young people living in Staffordshire and Stoke-on-Trent.

Since 2001, Make Some Noise has worked within local communities, delivering highly accessible, inclusive and pioneering participant-led creative wellbeing projects to over 103,000 children and young people.

Make Some Noise runs free activities every week, offering opportunities to some of society's most disadvantaged people, including: children experiencing poverty, young people dealing with mental health issues and young families suffering from loneliness and isolation.

Our Vision is that music and creativity empowers every child and young person with self-belief to change their world for the better.

Our Mission is to unlock the extraordinary potential of all children and young people through empowering youth-led opportunities and training; promoting inclusivity across the West Midlands.

Our Values underpin everything at Make Some Noise.

We are looking for a trustee who embodies these four values in all they do.



Trustees at Governance review session

FUN

We focus on creating an environment of fun in all aspects of our work

INCLUSIVE

Everyone matters,
Everyone is valued,
Everyone belongs

EMPOWERING

We creatively develop skills and confidence, enabling people to achieve their potential

PIONEERING

We have a positive and inquiring mindset that enables us to creatively provide innovative solutions

Our Impact

Make Some Noise believe music and creativity can inspire children, young people, families and teachers and for many is also a catalyst for positive change, especially for those who are dealing with challenges in their life.

Make Some Noise delivers pioneering and empowering youth-led music and creative opportunities of the highest standard, allowing all children and young people to unlock their extraordinary potential.

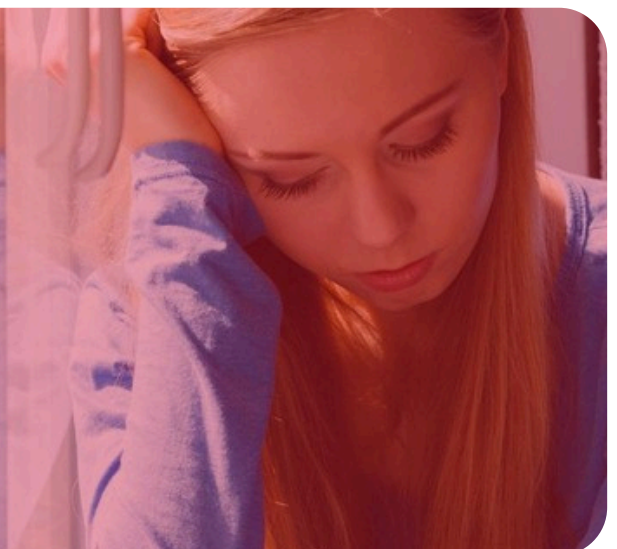
Outcomes-focused for long-term impact

We successfully engage even the hardest to reach children, young people and families who are coping with adverse and challenging circumstances.

All our programmes provide 5 core outcomes based on 'The Positive Psychology PERMA model', developed by Dr. M Seligman in 2011. These five essential elements of wellbeing; **P**ositive Emotion, **E**ngagement, **R**elationships, **M**eaning & **A**ccomplishment underpin our theory of change, evaluation and delivery plan for children and young people. [You can watch a video about The Positive Psychology PERMA model here](#) 

In addition to our core PERMA outcomes, our programmes have evidenced improvement in communication, team-working skills, confidence and self-esteem, language and literacy, (particularly of under-5s at risk of delay), positive perceptions and decreased stigma, access to pioneering creative opportunities, all alongside reduced feelings of social isolation.

**50% of all
mental health
problems are
starting as early
as 14 years old**



Young Person's Case Study

Starting Point:

N has a learning disability and a Vagus Nerve Stimulator to help manage seizures. N attended our creative wellbeing sessions, but his confidence and ability were initially low and he often became frustrated and gave up when he couldn't keep pace with others, despite clearly showing a desire to engage and improve.

Increasing Confidence:

Due to his height and challenging behaviour (including throwing furniture when overwhelmed), N was sometimes perceived as unpredictable by staff and peers. Our practitioners helped shift this perception of him through inclusive creative activities.

Wellbeing and Engagement:

N showed us a clear love of music; dancing and singing along to songs. Initially struggling with timing and pitch, he persisted and eventually mastered a simple rhythmic pattern, playing an active role in songwriting, contributing creative ideas and collaborating well, even when his suggestions weren't always used.

Eventually, N confidently performed a solo; something he was incredibly proud of, leaving the session beaming. During moments of dysregulation, discussing music and the group's songwriting helped him re-engage and calm down.

Outcomes:

The programme significantly reduced N's isolation, improved his wellbeing, and built his confidence.

He developed stronger peer relationships, embraced teamwork, and grew in musical ability. Peers became more comfortable by the end, greetings with high fives, and fist bumps with N were a regular and positive part of sessions.

N consistently reported high wellbeing and used music as a way to express himself, helping reshape how others saw him.

His willingness to try new things, despite challenges, was a real strength; and one he can carry forward into future learning.



Family Case Study

Starting Point & Engagement:

A family that attended our early childhood development sessions since November 2025, and both girls consistently show high levels of enjoyment and engagement.

Mum reported that living on an MOD base presents challenges with isolation and accessibility, making these free weekly sessions especially important.

One child (child A) has a confirmed diagnosis of Cerebral Palsy, with the younger (child B) also showing signs.

Despite these challenges, both children actively participate in sessions, exploring instruments, movement, and creative play.

Increasing Confidence:

The programme has had a noticeable impact on both children's confidence, independence, and self-expression.



Child A, while more physically dependent on mum, shows clear enjoyment and engagement through inclusive music, sensory and movement-based activities.

Child B, now engages independently, demonstrating social confidence and curiosity.

Both children show excitement, imagination, and willingness to participate each week.

Reducing Isolation & Supporting Wellbeing:

For the mother, who often feels like a sole caregiver due to her husband's military commitments, the group offers emotional support and connection.

The sessions enable the children to interact with other children of a similar age, develop early social skills and confidence in a supportive, inclusive environment.

Outcomes:

For the family as a whole, we reduce isolation and provide a vital support network. The positive, nurturing environment benefits the children's development and the mother's wellbeing, creating meaningful and lasting impact.

The role: Being a Trustee

If you are looking to join a charity whose mission is to unlock the extraordinary potential of all children and young people through empowering youth-led music opportunities, then this is for an opportunity for you.

Why should you apply?

Make Some Noise has empowered over 100,000 vulnerable children and young people to unlock their extraordinary potential. The Board of Trustees are looking for a new Trustee who is passionate about our vision to empower every child and young person with self-belief to change their world for the better, giving all young people the future they deserve.

Our beneficiaries improve their wellbeing and unlock their potential through our Fun, Pioneering, Empowering and Inclusive creative programmes which are free to all beneficiaries, and run throughout Staffordshire and Stoke on Trent, and the wider West Midlands.

Last years' reach:

	1479	Vulnerable beneficiaries supported
	363	Free inclusive face-to-face sessions
	24	Live showcases and performances
	360	Make Some Noise Certificates of Achievement
	170	Beneficiaries consulted on issues and challenges
	59	Beneficiaries on Project Steering groups
	6	Employed and/or trained creative practitioners

The role: Being a Trustee

Being a Trustee

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Who we are looking for

We are especially keen to hear from someone with lived-experience of the children and young people we are supporting, to join our friendly and engaged Board of Trustees and take an active part in the strategic decision-making.

We are also looking for someone who works/has worked in one or more of the following fields:

- creative/arts sector
- special needs and disability education
- marketing and social media
- wellbeing and mental health

Here at Make Some Noise we recognise there is often an imbalance within the creative sector and we try to do our bit to redress this imbalance by recognising the positive value of diversity and the promotion of equality.

We aim at all times to recruit the person who is most suited to the role and welcome applications from people from all backgrounds.



CEO & Chair consulting with beneficiary

The role: Being a Trustee

Being a Trustee

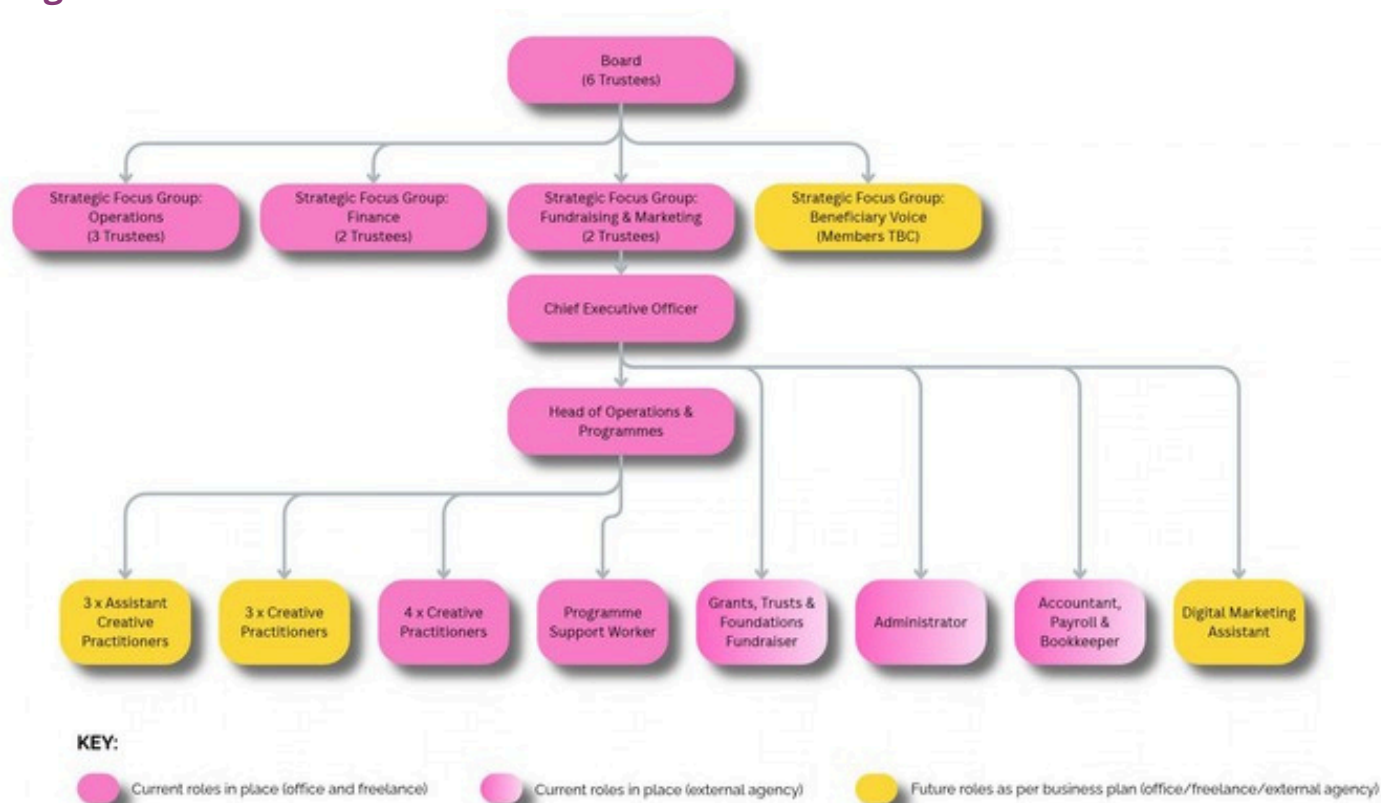
- Charity trustees provide leadership to their charity and help set its strategic direction for future success.
- Trustees have overall control of a charity and are responsible for making sure it's doing what it was set up to do.
- Being a Trustee for Make Some Noise is rewarding and enjoyable.
- Trustees don't get paid for their role – they act out of a desire to help people and make positive changes. However, in return having a Trustee role on your CV can often enhance your career opportunities.
- Trustees make sure the charity is running well and is delivering against its strategic objectives and plans.

This includes ensuring the charity:

- has the money it needs.
 - spends its money sensibly on the activities it was raised for.
 - follows the law.
 - reports and accounts to the Charity Commission.
 - doesn't break the rules in its governing document (its constitution, trust deed or articles).
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- As a trustee, you will use your skills and experience to make sure the charity runs efficiently.
 - Trustees receive advice from external sources like solicitors or other experts if they need to.
 - All trustees make decisions about their charity collectively, working as a team
 - Trustees use their skills and experience to support their charities, helping them achieve their aims.
 - Trustees also often learn new skills and develop into new areas during their time on the board.
 - All trustees share equal responsibility, for example on finances, strategic decision-making etc.

The role: Being a Trustee

Organisational Structure



Time commitment

- The Trustees attend 4 Board meetings each year. Typically, each meeting lasts no longer than 1.5 hours. Once a year, an Annual General Meeting (AGM) is held immediately after one Board meeting, lasting no longer than 30 mins.
- Meetings are typically held in Stafford HQ, and always supported with remote access. Occasional physical presence at meetings is encouraged, especially in December, but not essential for the remaining meetings.
- Each December, we invite all Board members to join the staff for a Christmas lunch and join in on an annual gathering/training session. These are usually on the same day as a Board meeting.
- There are 3 Strategic Focus Groups, always held online, which depending on your area of expertise/interest, you may be encouraged to join, to support the Board & CEO.
- There may be times where a meeting is held outside of Stafford or not online, to enable a visit by trustees to view Make Some Noise's work in action.

How to respond



Please submit a CV and supporting statement (300 words approx.) with “FAO of the Chair” in the subject to Tim@make-some-noise.com.

In the supporting statement, please include how your skills and experience would add value to the charity, why you wish to join Make Some Noise's Board and any other relevant details in support of your application.

For an informal chat about the charity, please contact the Make Some Noise Team on 01785 278 454 or via email Helen@make-some-noise.com who will be able to arrange this with the CEO.



**MAKE SOME
NOISE**

Make Some Noise

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Charity registered in England and Wales No 1127578

www.make-some-noise.com

